

# PARENTS PREVENTING CHILDHOOD DROWNING

Educate Yourself; Share the Knowledge www.parentspreventingchildhooddrowning.com





#### **NOTHING REPLACES CONSTANT SUPERVISION**

70% of preschoolers who drown are in the care of ONE OR BOTH parents at the time of drowning.

Drowning takes the lives of 3 children in the U.S. everyday. Another 5 children will receive ER care due to a non-fatal drowning accident.

It's not a lack of supervision, but a LAPSE of supervision that can put a child at risk.



## **SWIM LESSONS SAFETY**

Do Your Research

Select an effective swimming program that will teach your child to roll on to their back and float face up. Floating is a crucial life saving technique. Be cautious of programs that ONLY promote water acclimation. These may create a dangerous situation for your child. If your child loves the water, but does not have the skills to save themselves, then the risk of drowning increases.

## **POOL SAFETY**

Layers of protection are vital:

- Constant Supervision
- Designate a Water Watcher
- 4 sided Fences with Self-Latching Gates
- Remove Temptation by Cleaning up Toys in and Around the Pool
- Learn CPR
- Remove Pet Doors
- Alarms and Locks that Lead to the Pool
- Check Pool First if a Child is Missing





## **OPEN WATER SAFETY**

Wear Coast Guard approved life jackets around oceans, rivers, lakes, on water craft and when participating in water sports. 80% of children under 13 who drowned in a boating accident were not wearing life jackets.

When at the beach, check surf conditions before entering the water. Swim in a lifeguard protected area. Dress your child in bright colors.